

## Lent Fast Day 2017 prayer

*"More effective world solidarity should allow all peoples to become the artisans of their destiny."*

(Pope Paul VI, Populorum Progressio #65)

God of Love,  
Maker of all,  
transform my heart  
through my Lenten journey  
of prayer, fasting  
and almsgiving.

Help me to see the dignity  
in all my sisters and brothers,  
made in your image and likeness.

Inspire me to share  
the fruits of your creation  
so that all your people  
can become artisans  
of their own destiny.

Through Christ our Lord,  
Amen.