

BE REVOLUTIONARY

A CAFOD Confirmation resource



"There is an inseparable bond between our faith and the poor"

Pope Francis

Confirmation is a pivotal moment in the life of a young person. It's their opportunity to be a disciple of the 21st century and take on Christ's mission of sharing God's love and justice in the world. At World Youth Day in Rio, 2013, Pope Francis challenged young people to "be revolutionaries"¹ and to "not be afraid to ...bring Christ into every area of life, to the fringes of society"². As catechists and youth leaders it is our privilege to walk alongside our young people, inspire them and prepare their hearts to be open so that the Holy Spirit may set them aflame with a love of God, the desire to share that love with others³ and be witnesses to Christ.

Our approach

Pope Francis teaches that "there is an inseparable bond between our faith and the poor"⁴. We believe that an understanding of faith in the context of the Church as a global family is essential. We feel that understanding the lives of our sisters and brothers around the world who live in poverty, and being inspired by them, nourishes our faith and our lives. However, this is not a passive occupation. The poor and outcast were Jesus' priority, "Blessed are you poor; the Kingdom of God is yours!"⁵ Pope Francis has said that he would "prefer a Church which is bruised, hurting and dirty because it has been out on the streets"⁶ and that "what counts above all is 'faith working through love' (Gal 5:6)"⁷.

In this Confirmation resource we hope to provide an adaptable set of activities that you can integrate into your own Confirmation programme. The aims of the activities are to enable your confirmandi to explore the concept of justice and feel part of the global Church. We also provide some practical ways for young people to put their faith into action.

In our Confirmation resources we provide you with:

1 A PERFECT WORLD?

An active and adaptable session on justice and its importance for Christians in restoring our world to the perfection God intended. It includes a new simulation game and quote cards. Use the whole session or choose parts to fit with your programme.

2 FAITH IN ACTION & THE HOLY SPIRIT

An adaptable session on putting faith into action and the role of the Holy Spirit, and how it supports Christians across the world in this challenge. It includes a set of eight case study cards. Use the whole session or choose parts to fit with your programme.

3 REVOLUTIONARY SERVICE CHALLENGE

A service project often forms part of Confirmation preparation. This service challenge, inspired by Pope Francis, can provide young people with the opportunity to put their faith into action. We also provide a certificate template for you to copy and award.

4 LITURGY: SERVING others through love

A chance to reflect on Jesus' example of service and to commission your young people to go out and serve others. Can be used with the *Revolutionary service challenge*.

5 GLOBAL PRAYER

Ten active ways to pray and reflect, inspired by communities we work with around the world. A practical way to reflect on the universal Church and see how faith is enhanced by local culture. Includes a set of images in a PowerPoint.

6 VIDEOS

CAFOD videos to support these activities can be found at cafod.org.uk/confirmation



Keep in touch

All of these resources can be found on cafod.org.uk/confirmation. We have a wealth of resources for youth leaders at cafod.org.uk/youth.

Sign up to our Youth Leaders e-news to be the first to hear about new resources at cafod.org.uk/youth. We are also on Twitter [@CAFODschools](https://twitter.com/CAFODschools) and email youth@cafod.org.uk. Please share pictures of your sessions with us! Do make sure you have the correct permissions first.

Keep in contact with your local CAFOD staff for ongoing support in your area. If you would like to bring in a CAFOD Education volunteer to run a Confirmation session in your parish, contact your local CAFOD office cafod.org.uk/uk.

Please encourage young people to visit cafod.org.uk/greatgeneration for inspiration and tools on faith in action.

CAFOD shop

You can order free CAFOD posters and postcards and small Romero crosses at our shop – cafod.org.uk/shop. Why not consider purchasing CAFOD World Gifts as a Confirmation presents, such as 'a meal for someone in poverty', where you also receive 14 stickers to add to your own Confirmation cards.

With our best wishes and prayers in your journey with your young people,

The CAFOD Youth Team

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