



## ***Power to be***

### Reflection for primary schools



**Leader:** God has given us the sun, bringing light to all of creation and energy which will never run out. Yet one in six people around the world are living without electricity.

**Reader one:** Every child has the power in them to achieve great things. Look at the picture of Veronica. Veronica wants to become a politician. What are your hopes and dreams for the future?

**Leader:** Jesus tells us, "I have come so that they may have life and have it to the full" (*John 10:10*).

*Pause*

*Hold up a solar lantern or a photograph of one*

*Pause*

**Leader:** Renewable energy (like the light in the lantern that comes from the sun) helps children to learn and live life to the full. It gives light for classrooms so children can read their school books.

**Reader two:** Yet millions of children around the world have no access to energy at school to help them fulfil their dreams. And at home in the evening, many children have no light to do their homework and are falling behind.

**Reader three:** Veronica lives in Kenya. She says, "We have a solar lantern at home. It's stopped us from having to use the paraffin lamps which were really smoky. Now that we have the solar panels at school, I'll be able to do the extra school work I need to. It's important to have this time, as I have big exams coming up. School empowers me to achieve my plans for the future."

*Gather around the sun display. Place the solar lantern next to the display.*



**Leader:** As we gather together, we remember Veronica and her story.

*If children have already written messages on their rays, invite them to bring them forward to add to the sun display. Alternatively, plan time after the reflection to write messages – see Power to be Campaign guide for schools at [cafod.org.uk/primary/campaign](http://cafod.org.uk/primary/campaign)*

*As the words below are spoken, place rays with the words below around the sun*

Through the power of the sun, Veronica now has:

- The power to study
- The power to shine
- The power to achieve good grades
- The power to fulfil her dreams
- The power to become a politician
- The power to build a brighter future

**Leader:** Let us pray together:

**Group:**

God of all that is good,  
you make the sun rise across the earth,  
you breathe wind through the fields,  
you pour water from the mountains.  
Move us to change our lives,  
and bring the power of your love,  
so that all may flourish.  
Through Christ our Lord, Amen.

**Remember to complete the return form to let CAFOD know you have taken part in a *Power to be* reflection.**

This is important because it shows you are part of a bigger movement speaking up with other schools around the country about the power of local, renewable energy. Joining together will make our message to the World Bank even stronger. Email your photos and stories to [schools@cafod.org.uk](mailto:schools@cafod.org.uk) and share your photos on Twitter and Facebook, tagging @CAFOD



# Campaign action return form



Thank you for joining CAFOD's *Power to be* campaign. Please complete and return this form to tell us how many people in your school or group have taken part in this campaign by signing a campaign action postcard or writing a message on a sun ray as part of an activity.

If your group has used the **action postcards**, please **send them to us** with this form, and fill in your details and the number of cards completed below.

If your group has **written messages on sun rays**, please **keep these to display**, and simply record your details and the number of people who took part on the form below.

Please return this form to:

**Supporter Care, Romero House, 55 Westminster Bridge Road, London SE1 7JB**

## Group details

Name of school/group:

### Please tick:

- Primary school  
 Secondary school  
 Youth group

Address of school/group:

Postcode:

### Total number of actions (postcards and/or messages on sun rays):

Under 18s:

Adults:

**Yes!** I would like to receive more information about CAFOD's work via email.

Email address:

CAFOD will store and process your information in accordance with the 1998 Data Protection Act and we may contact you. We do not share your information. For details visit: [cafod.org.uk/privacy](http://cafod.org.uk/privacy)

### Feedback

We would love to see photographs of your group's activities. Please tag @CAFOD in your photographs on social media, or email [schools@cafod.org.uk](mailto:schools@cafod.org.uk) to send us photos and details of your event so that we can share these on our website.