



CAFOD
Just one world

Family
**FAST
DAY**
appeal

Fast, pray and give

Family Fast Day: Friday 5 October 2018

Family Fast Day prayer **Harvest 2018**

Creator God.
in love you give life.

In your generosity
you create the gifts of the earth.

As daughters and sons of the
same Father, may we learn
to share the plentiful gifts of
creation, especially with those
most in need.

Give us open hands and
loving hearts, so that we take less
and give more.

We ask that all may benefit from
your goodness, and share in the
fullness of life you have promised.

Amen.

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Pray with us: cafod.org.uk/prayers

Follow us on twitter @CAFODprayer