

THIS IS MY SON THE BELOVED.
LISTEN TO HIM.



Second Sunday of Lent

“While Jesus was praying, his face changed its appearance, and his clothes became dazzling white.” Luke 9:29

Conversation cards

Sometimes we can see people every day, but not really see them deeply. Take some time to use the Lent discussion cards as a family and pray for the gift of seeing each other in a new way. Download the cards here: cafod.org.uk/Pray/Prayer-resources/Lent-family-prayer-ideas

Our family commitment

The disciples thought perhaps they should stay on the mountain and worship Jesus, but Jesus took them back down. Our Christian life is mostly lived on the ground, among people who need us to show God's love. What can your family do to reach out in love this week?

We will show **love by....**

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