



Please sponsor me so that I can help CAFOD reach out to people living in poverty with practical help

Title ___ First name _____
 Surname _____
 Home address _____
 _____ Postcode _____
 Email _____

Title	First name	Surname	Home address (Postcode required for Gift Aid)	Email address	Donation £	Gift Aid*	Date paid	Opt in for email**	Opt out for post***
Mr	John	Smith	8 Any Street, Any Town. AB1 2BC	jsmith@any.co.uk	£0	✓	01/02/21	✓	
Total donations received £					Total Gift Aid donations £				

If you are over 18 years of age and would like CAFOD to treat your donation as Gift Aid, fill in your home address. (If you pay UK tax and tick the Gift Aid box, the government will add 25p to every £1 you give in sponsorship money*)

*If I have ticked the box headed 'Gift Aid', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want CAFOD to reclaim tax on the donation detailed above, given on the date shown. I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand CAFOD will reclaim 25p of tax on every £1 that I have given.

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Registered with **FUNDRAISING REGULATOR**
 **By providing your email address and ticking opt in, you give us permission to contact you via email about campaigns, appeals and simple ways you can support people living in poverty.
 *** We'll also contact you by post about campaigns, appeals and simple ways you can support people living in poverty. If you do not wish to hear from us by post, please tick the 'opt out of post' box. Ticking this box will stop all post from CAFOD except thank you letters and any CAFOD schemes that you have subscribed to.
 You can change your communication preferences at any time by contacting us at cafod@cafod.org.uk or 0303 303 3030. CAFOD will never share your details for marketing. For details, see cafod.org.uk/privacy

For office use only	Date received	Total donation	Supporter ID
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Registered charity number 1160384 and a company limited by guarantee registered in England and Wales number 09387398.

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HOW TO SEND YOUR SPONSORSHIP MONEY IN:

Remember to send your completed form to CAFOD Freepost. You can send a cheque with your form, pay the money in at cafod.org.uk/give, or call us to make a card payment on **0303 303 3030**

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The Catholic Agency for Overseas Development (CAFOD) is the official aid agency of the Catholic Church in England and Wales and part of Caritas International. Registered charity number 1160384 and a company limited by guarantee registered in England and Wales number 09387398. Registered office: Romero House, 55 Westminster Bridge Road, London SE1 7JB.

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