

Open my senses

Open my senses, God,
to understand and answer the needs of others.

Keep my ears attuned to the laughter of children,
my eyes to the needs of the hidden.

Let my nose smell the beauty of flowers
and transform the earth's decay to the scent of fecundity.

May my touch be gentle in raising up
those who live under a heavy burden.

May I savour the taste of your abundance
and make the earth sustainable for all.

Open my senses, God.

Sr Bridgetta Rooney