

As we break bread together

Generous God,
your Spirit hovered over the waters,
you breathed life into the earth
and created a world of plenty.

Look on us here as we break bread together,
and guide us to take only what we need
so that all your people may have enough.

Father of all,
there are many among us who go hungry.
Help us to listen and respond as one family,
so that, as we break bread together,
we may glimpse your Kingdom here on earth -
a Kingdom of welcome and plenty for all.

Amen.

Catherine Gorman/CAFOD

Intercessions

We pray for all those among us who are hungry: that through our gifts, prayers and actions this Lent we may all have enough food for our needs.

We pray for our parish community: that we may be inspired to tackle the scandal of hunger and poverty and work together with others so that all may have enough to eat.