



More people than ever before are fleeing war, persecution, natural disaster and poverty. **It's time for the world to step up...**

Share the Journey

Your guide to organising a walk around the world

We're aiming to walk **24,900** miles – the distance around the whole world! ▶

- **Pope Francis has launched *Share the Journey*, a new global campaign for the rights of people on the move.**
- **The Catholic community worldwide has stepped up in support.**
- **But world leaders must step up too, and agree ambitious new UN agreements on refugees and migration in 2018.**



CAFOD
Just one world

Help us walk **24,900** miles - the distance around the whole world!

► **Here's why:**

It's an act of solidarity to *Share the Journey* with our global neighbours fleeing their homes.

Every step you take, together with others, will send a message to world leaders that they must step up too.

► **Here's how:**

- 1 Organise a walk in your parish, school or community.
- 2 Add the miles you walk to our total from across England and Wales.
- 3 Follow your progress around the world at cafod.org.uk/sharethejourney

► **and here's what's in this guide:**

- Tips to walk with your group – **it really is as simple as it sounds!**
- Prayers, stories and conversation starters to use as you walk.



Walk around the

Our global family – on the move

Catholics worldwide are sharing the journey of people on the move, whether they are leaving, arriving, settling or returning. Most come from the world's poorest countries, and seek shelter in neighbouring poor countries.

We believe that – no matter where we come from – we are all connected as children of God.



“Every stranger who knocks at our door is an opportunity for an encounter with Jesus Christ, who identifies with the welcomed and rejected strangers of every age.”

Pope Francis

World Day of Migrants and Refugees 2018



world with us

After a decades-long armed conflict, **Colombia** has the world's second-highest number of people forced to flee their homes. CAFOD partners provide practical support and help people who have lost their homes to speak up for their rights.

Colombia

In **Lebanon**, CAFOD works with Palestinian, Iraqi and Syrian refugees, training young people for employment and providing safe spaces for children to learn and play.

Lebanon

Uganda

Over a million South Sudanese have fled civil war to take refuge in **Uganda**. Caritas Uganda is helping provide food, water and shelter.

Migrant workers from **Bangladesh** can be exploited when they seek work overseas to support their families. CAFOD partners provide legal advice for those travelling and local jobs to help families stay together.

Bangladesh

Myanmar

In 2017, over half a million people - mostly Rohingya - fled from violence in **Myanmar** to neighbouring Bangladesh. CAFOD supports local organisations to provide shelter, food and clean water for those who have lost everything.

Every minute, 20 people around the world are forced to flee

UNHCR 2016





Walk around the world: step by step

Ready... Steady...



“These people who push for more help for refugees, or take to the street, they’re not just humans, they’re really good humans, those who want to help support us.”

Nazir, who was forced to flee from Afghanistan

1 Pick a date. At least a month in advance so you can let people know it’s happening. A weekend date may be best for families.

2 Choose a location. Start somewhere familiar, such as your church, school, local landmark or park. Check how long the route is in advance, as you will need to know the number of miles walked to add to our total.

3 Create a walk for everyone. Check your route is accessible for people with wheelchairs, prams and families with young children. Consider people less able to walk – you could ask them to join in prayer and spirit, and then meet the group at the end.

4 Invite people. At church: ask your priest if you can announce the walk after Mass. At school: say a few words in assembly. Download our short talk from cafod.org.uk/sharethejourney

5 Reach out locally. Welcome people who may feel alone, new to the area, or seeking asylum. Help people to feel welcome and to talk to each other.

6 Order enough campaign cards. Each card has prayers, a message to sign and one of five different people’s stories. You will receive a mix of different stories when you order.

There are separate cards for young children (under 11 years old). These children’s cards have different stories and prayers from the campaign cards. Cards for both adults and children are free from shop.cafod.org.uk

Go...



“Taking part in this campaign has been a real positive and eye opening step in supporting those being forced from their homes; by practically taking part and by joining others through prayer.”

Siân Thomas, Kintbury

1 Get there early. Welcome people as they arrive. Bring enough cards and pens for everyone including children’s cards for any under-11s who will be joining the walk. Identify five people who would each be happy to read one of the stories from the cards.

2 Welcome everyone. Use the words on page 6. Ask people to talk to each other as they walk, reflecting on the stories and using questions on the card.

3 Start your journey. Stop briefly three times on your walk, and ask one of your readers to share a different story each time. This gives an opportunity for people to rest and to speak to someone new.

4 End your journey. Use the words on page 7. Give out pens and invite people to sign the campaign cards. Collect the cards in from the adults before saying the final prayer.

The children’s cards for under-11s do not need to be returned to CAFOD.

5 Return the completed cards to CAFOD. Ensure the cards are together with the completed form on the back cover. Remember to fill in the number of people who took part and the total miles walked, so that these can be added to our online totaliser.





Start your journey: gather and welcome

[Please adapt this to suit the needs of your group]

Leader:

Thank you all for joining us today on this special journey.

Each one of us has been on a journey. Maybe we have come to live here from another town, city, or country. Perhaps our parents or grandparents came here to build a new life. Maybe we have welcomed newcomers to this area.

This year, Pope Francis encourages us all to ‘welcome our brother and sister migrants and refugees with arms wide open’ and to call on world leaders to do the same when they develop new agreements on refugees and migration at the United Nations.

Today, we respond by symbolically sharing the journey with those who have been forced to flee their homes.

Although the distance we walk today may be small, others across England and Wales are walking too. Together, we hope to walk 24,900 miles – the distance around the whole world.

This walk is a gesture of solidarity, a chance to reflect and an opportunity to send a powerful message that world leaders need to step up to support people forced to flee.

[Hand out the cards]

Open your card to see a person’s face and to read their words. Among our group, we have five different stories from people on the move. We will hear one of those now, and the rest during our walk.

[Invite first reader to share one story]

Let us *Share the Journey* with arms wide open for our neighbours here and around the world.

Let us say together the prayer on the back of your cards.

[Adults will need to share with children]

Group:

God of mercy, with every step we make today, we pray your love will fill our hearts and move us deeply.

Open our eyes to see the face of Christ in all we meet along the way.

Amen.

Please use the questions inside your card to guide your conversations with each other as we walk.



End your journey

[Gather everyone together, and adapt these words to suit your group]

Leader:

We have come to our journey's end.
Let's hear our final story.

[Invite final reader to share one story]

Let us stop and reflect on the stories we have heard... [pause] what has moved us... [pause] and what has given us hope.

[If you wish, you can invite members of the group to share a word or phrase in response, or you can remain silent]

Pope Francis has declared this year a 'unique opportunity' as, in 2018, world leaders will agree two crucial new UN agreements on refugees and migration. They need to step up and act with courage and compassion.

[Hand out pens]

I invite you to sign this card to the Prime Minister to call for agreements that

respect the human dignity of people like Tahmina, David, Mohammed, Manuel, Khodesa and all those forced to flee their homes. If you have a children's card, simply add your name and the miles you walked today.

Collectively we have walked *[fill in number]* miles today. Remember, we are walking around the world to show the strength of our commitment to justice for our global neighbours.

Please visit cafod.org.uk/sharethejourney to see how many miles have been walked on the online totaliser.

[You may like to invite members for refreshments or share details of further actions you have planned]

As we prepare to leave, we ask God to continue to guide our steps. Let us say our final prayer together on your cards:

Group:

God our refuge,
you share the journey
with migrants and refugees,
lightening their footsteps with hope.
For you, Lord, are close
to the broken-hearted.

Pour out your Spirit
upon world leaders.
May they see the tragedies
of our human family,
and be moved to respond with
wisdom, compassion and courage.

Open our eyes and hearts
to the God-given dignity
of all your people.
Move us to welcome our neighbours,
and so bear witness to your love.

Through Christ our Lord,
Amen.



What is **Share the Journey** calling for?

In September 2018, world leaders will finalise two new global agreements at the United Nations: one on refugees and one on migration.

These agreements, known as compacts, could offer hope and protection to people forced to flee their homes, but only if our governments listen to refugees, migrants and the communities where they live.

We urge the Prime Minister and all world leaders to make sure that these agreements will:

- **respect human dignity, giving rights to citizenship and work**
- **protect the vulnerable, especially children, older and disabled people**
- **support host countries, especially in the developing world, who welcome a large number of refugees**
- **keep families together and enable divided families to reunite in safety**
- **tackle the reasons why people migrate, such as conflict and climate change.**

These demands are on the campaign cards. Make sure that everyone (apart from children under 11) has one of these cards to sign. ►





Questions and answers

When should we walk?

Set a date now, and hold your walk or card-signing before September 2018. *Refugee Week* (16-24 June) is a great opportunity to take action with local communities across the country. Publicise your walk or search for other local events at refugeeweek.org.uk/events. *Walk to School Week* and *Walk to Church Sundays* are also perfect opportunities.

I can't organise a walk. Can my community still join in?

Definitely. Download a short talk from cafod.org.uk/sharethejourney and invite people to sign campaign cards after Mass, during assembly, in your chaplaincy or youth group instead.

Can we do a sponsored walk or join an existing walk to support the campaign?

Yes. Find fundraising ideas and sponsor forms on the CAFOD website. Many places already organise inter-faith or inter-denominational walks or pilgrimages, which could adopt a

refugee theme. Be open to choosing or adapting prayers and readings from different religious traditions, so that everyone feels included.

What other activities can we do as part of our walk?

Invite your MP to come on your walk or write to them about it afterwards. Let them know their constituents want positive action to welcome migrants and refugees. You can add extra songs or prayers to your walk as well.

Can we do this as a walk of witness?

Yes. Ask your cathedral if they have a Lampedusa cross you can borrow to carry with you. These crosses are carved out of shipwrecked boats which brought migrants to the Italian island of Lampedusa.

Questions and answers continued overleaf>



Questions and answers continued

How can we involve local refugee groups, families or individuals?

This advice from Caritas Salford will help you include local refugees in your walk.

- Make contact in advance, rather than making this a one-off invitation. Spend time getting to know refugees as individuals - remember everyone will be different.
- Explain clearly why you are holding a walk and exactly what will happen at the event, otherwise language barriers and cultural differences can lead to misunderstandings.
- Treat refugees the same as any other participants, rather than making them the centre of attention. Be as welcoming as you would to any other guests, but don't assume refugees will be happy to speak to a group or share their stories with people they don't know.
- Be sensitive about media coverage of the walk to ensure the safety of refugees involved. Make sure only photos and quotes are taken of people who have consented and who understand exactly how any photos or quotes might be used.
- Introduce prayers in such a way that those from different faiths know what to expect, and do not feel pressured to join in.



Your last step

After your walk, please collect in the campaign cards and return them with this form (see overleaf) to:

**CAFOD Supporter Care team,
Romero House
55 Westminster Bridge Road,
London SE1 7JB**

Cut here



CAFOD
Just one world

The Catholic Agency for Overseas Development (CAFOD) is the official aid agency of the Catholic Church in England and Wales, and part of Caritas International



Thank you
for organising a walk
around the world.

ABOUT YOU

Your name: Title	First name	Surname
Your address:		
Your postcode:		
Your email:		

< Tick here for updates on the latest CAFOD campaigns by email. R70932

ABOUT THE GROUP WALK

Name of parish/school/group:

Number of adults + Number of under 18s = Total

Total number of miles walked: For example, if your walk was three miles long and 20 people took part – you would need to write 60 miles here.

Type of group (please tick): Parish Secondary school Primary school

Other (please state):

Parish/school/group address:

Group postcode:

R70913



Share the Journey

CAFOD
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 **caritas**
social action network



“Christ asks us to welcome our brother and sister migrants and refugees with arms wide open.”

Pope Francis

Visit shop.cafod.org.uk or call 0300 011 5680 to order campaign cards for your walk (adult’s and children’s versions available).

Find more materials including a guide for schools to use during the summer term, a factsheet, FAQs, an online petition and more at cafod.org.uk/sharethejourney

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