Like Lazarus in today's gospel, many people in our world are hungry.

Sometimes they have no water to grow their food.

Fabiano in Uganda now has water near his vegetable garden, thanks to CAFOD supporters.

Grace cube

Thank you, God, for:

Draw your favourite food here

Praise to you for Brother Sun, who gives us light.
Praise to you for Sister Water, so useful and pure.
Praise to you for Mother Earth, who gives us food.
Praise and thanks to God!

Amen

From a prayer by St Francis of Assisi

First the seed, then the grain.
Thank you, God, for sun and rain.
First the flour, then the bread.
Thank you, God, that we are fed.
Thank you, God, for all your care.
Help us all to share and share.

Amen

My grace:

Write your own grace here

Find out what children around the world eat for dinner and use the recipes to make your own global meals.

Visit cafod.org.uk/bigshare as a family.

Use your grace cube at home before meals, especially on Family Fast Day, Friday 4 October.

Cut out the shape (including the flaps).
Fold along all the dotted lines.
Fold in the flaps.

CAFOD
Catholic Agency for Overseas Development

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